



## **NVQ 3 - Health and Social Care (Adults)**

### **Target Group of Learners**

This programme is aimed at senior support/care workers, healthcare workers, homecare organisers and domiciliary care assistants.

### **Qualification**

Health and Social Care NVQ Level 3 (Adults)

### **Duration and Visits**

The target time for completion is **8 months** but learners with more experience may complete the qualification earlier. Learners are provided with an induction visit and up to 2 further support visits

### **Accreditation/Awarding Body**

Regis Training Company is an accredited assessment centre for EDI Awards.

### **Entry Requirements**

There are no formal entry requirements for this award. Learners must be employed on either a full-time, part-time or voluntary basis in Adult care.

### **Features and Delivery**

**Induction** - Learners are inducted into the programme on either a one-to-one or group basis by a vocationally competent NVQ assessor. This will include devising an Individual Learning Plan (ILP) that recognises prior learning and achievement and identifies naturally occurring evidence through everyday work activities. The induction concludes with an agreed assessment plan of activities for the learner to complete.

**Assessment** - Regis offers an adaptable and flexible schedule of assessment which promotes "learner led" assessment based on naturally occurring evidence and how quickly the learner can meet their action plan. This allows for fast-tracking if the learner has access to readily available evidence and in-house support from colleagues acting as expert witnesses.

An important part of the evidence gathering process is observation of learners undertaking everyday work activities.

Each assessment visit will include:

- Review and update of the assessment plan
- Review of progress and feedback from the assessor
- Assessment of performance (as appropriate) together with feedback
- Liaison with other key personnel involved in the learners' programme (e.g. employer, supervisor, expert witness)
- Setting new learning objectives

### **Ongoing Support**

Learners will have access to email and telephone support throughout their NVQ programme together with resources as required. Learners also have access to our e-portfolio system where they can log-in to their portfolio, view progress and submit evidence online. Learners can contact the Assessment Centre for support should the assessor or internal verifier be unavailable.



## Additional training

Additional regis:ctv courses and training resources are available to complement NVQ training including Online learning. This list is not exhaustive and for further information on other courses please call 0800 0680978.

- Expert Witness (L20) • Additional Level 3 units (See occupational standards)
- Progression to NVQ Level 4 or LMIC • Assessor Training (A1)

## Further Information

Recruitment is on an open basis and subject to availability. Should you wish to find out more about the above course, including prices, please contact regis:ctv, on 0800 0680978.

## Award components (learners must complete 4 mandatory and 4 optional NVQ units)

### Mandatory Units

- HSC31: Promote effective communication for and about individuals
- HSC32: Promote, monitor and maintain health, safety and security in the working environment
- HSC33: Reflect on and develop your practice
- HSC35: Promote choice, well-being and the protection of all individuals

### Optional units

- HSC328: Contribute to care planning and review
- HSC329: Contribute to planning, monitoring and reviewing the delivery of service for individuals
- HSC330: Support individuals to access and use services and facilities
- HSC331: Support individuals to develop and maintain social networks and relationships
- HSC332: Support the social, emotional and identity needs of individuals
- HSC333: Prepare your family and networks to support individuals requiring care
- HSC334: Provide a home and family environment for individuals
- HSC335: Contribute to the protection of individuals from harm and abuse
- HSC336: Contribute to the prevention and management of abusive and aggressive behaviour
- HSC337: Provide frameworks to help individuals to manage challenging behaviour

### Optional units - Generic

- HSC338: Carry out screening and referral assessment
- HSC339: Carry out assessment to identify and prioritise needs
- HSC340: Carry out comprehensive substance misuse assessment
- HSC341: Help individuals address their substance use through an action plan
- HSC342: Assess and act upon immediate risk of danger to substance users
- HSC343: Support individuals to live at home
- HSC344: Support individuals to retain, regain and develop the skills to manage their lives and environment
- HSC345: Support individuals to manage their financial affairs (**excluded in combination with HSC346**)
- HSC346: Support individuals to manage direct payments (**excluded in combination with HSC345**)
- HSC347: Help individuals to access employment
- HSC348: Help individuals to access learning, training and development opportunities
- HSC349: Enable individuals to access housing and accommodation
- HSC350: Recognise, respect and support the spiritual well-being of individuals
- HSC351: Plan, agree and implement development activities to meet individual needs
- HSC352: Support individuals to continue therapies

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## Award components

### Optional units - Generic (continued from page 2)

- HSC353: Interact with individuals using telecommunications
- HSC354: Counsel individuals about their substance use using recognised theoretical models
- HSC355: Counsel groups of individuals about their substance use using recognised theoretical models
- HSC356: Support individuals to deal with relationship problems
- HSC357: Carry out extended feeding techniques to ensure individuals nutritional and fluid intake.
- HSC358: Identify the individual at risk of skin breakdown and undertake the appropriate risk assessment
- HSC360: Move and position individuals
- HSC361: Prepare for, and undertake physiological measurements
- HSC362: Recognise indications of substance misuse and refer individuals to specialists
- HSC363: Test for substance use
- HSC364: Identify the physical health needs of individuals with mental health needs
- HSC365: Raise awareness about substances, their use and effects
- HSC366: Support individuals to represent their own needs and wishes at decision making forums  
**(excluded in combination with HSC367 or HSC368)**
- HSC367: Help individuals identify and access independent representation and advocacy  
**(excluded in combination with HSC366 or HSC368)**
- HSC368: Present individuals' needs and preferences  
**(excluded in combination with HSC366 or HSC367)**
- HSC369: Support individuals with specific communication needs  
**(excluded in combination with HSC370 or HSC371)**
- HSC370: Support individuals to communicate using technology  
**(excluded in combination with HSC369 or HSC371)**
- HSC371: Support individuals to communicate using interpreting and translation services  
**(excluded in combination with HSC369 or HSC370)**
- HSC372: Plan and implement programmes to enable individuals to find their way around familiar environments.
- HSC373: Plan and implement programmes to enable individuals to find their way around unfamiliar environments
- HSC375: Administer medication to individuals
- HSC376: Obtain venous blood samples
- HSC377: Encourage and support individuals undergoing dialysis therapy at home
- HSC378: Insert and secure urethral catheters and monitor and respond to the effects of urethral catheterisation
- HSC379: Support individuals who are substance users
- HSC380: Supply and exchange injecting equipment for individuals
- HSC381: Support individuals through detoxification programmes
- HSC382: Support individuals to prepare for, adapt to and manage change  
**(excluded in combination with HSC383)**
- HSC383: Prepare and support individuals to move and settle into new living environments  
**(excluded in combination with HSC382)**
- HSC384: Support individuals through bereavement
- HSC385: Support individuals through the process of dying
- HSC386: Assist in the transfer of individuals between agencies and services

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## **Award components**

### Optional units - Generic (continued from page 3)

- HSC387: Work in collaboration with carers in the caring
- HSC388: Relate to families, parents and carers
- HSC389: Work with carers, families and key people to maintain contact with individuals
- HSC390: Support families in maintaining relationships in their wider social structures and environments
- HSC391: Provide services to those affected by someone else's substance
- HSC392: Work with families, carers and individuals during times of crisis
- HSC393: Prepare, implement and evaluate agreed therapeutic group activities
- HSC394: Contribute to the development and running of support groups
- HSC395: Contribute to assessing and act upon risk of danger, harm and abuse
- HSC396: Enable people with mental health needs to develop coping strategies
- HSC397: Reinforce positive behavioural goals during relationships with individuals
- HSC398: Contribute to assessing the needs of individuals for therapeutic programmes to enable them to manage their behaviour
- HSC399: Develop and sustain effective working relationships with staff in other agencies
- HSC3100: Participate in inter-disciplinary team working to support individuals
- HSC3101: Help develop community networks and partnerships
- HSC3102: Work with community networks and
- HSC3103: Contribute to raising awareness of health
- HSC3104: Support the development of networks to meet assessed needs and planned outcomes
- HSC3105: Contribute to the recruitment and placement of volunteers
- HSC3106: Plan, organise and monitor the work of volunteers
- HSC3107: Lead and motivate volunteers
- HSC3108: Facilitate learning through presentation and activities
- HSC3109: Facilitate group learning
- HSC3110: Support colleagues to relate to individuals