



## Health and Social Care Level 3 (Adults)

### Target group of learners

This programme is aimed at senior care workers, healthcare workers, homecare organisers and domiciliary care assistants. Learners must be employed on either a full-time, part-time or voluntary basis in Adult care.

### Qualification

Health and Social Care NVQ Level 3 in Adult care.

### Duration

The target time for completion is **9 months** but learners with more experience may complete the qualification earlier.

### Accreditation/Awarding Body

Regis Training Company is an accredited assessment centre for City and Guilds Awards.

### Entry Requirements

There are no formal entry requirements for this award. Learners must be employed on either a full-time, part-time or voluntary basis in Adult care.

### Features and methods of delivery

Regis provides all support and assessment services in the workplace and offers three delivery options tailored to individual needs:

#### Induction

Learners are inducted into the programme on either a one-to-one or group basis by a vocationally competent NVQ assessor. This will include devising an Individual Learning Plan (ILP) that recognises prior learning and achievement and identifies naturally occurring evidence through everyday work activities. The induction concludes with an agreed assessment plan of activities for the learner to complete.

#### Assessment

regis offers an adaptable and flexible schedule of assessment which promotes "learner led" assessment based on how quickly the learner can meet their action plan. This allows for fast-tracking if the learner has access to readily available evidence and in-house support from colleagues acting as expert witnesses.

An important part of the evidence gathering process is observation of learners undertaking everyday work activities.

- Each assessment visit will include:
- Review and update of the assessment plan
- Review of progress and feedback from the assessor
- Assessment of performance (as appropriate) together with feedback
- Liaison with other key personnel involved in the learners' programme e.g. employer, supervisor, expert witness
- Setting new learning objectives

### Ongoing Support

For each option learners will have access to email and telephone support throughout their NVQ programme together with resources as required. Learners can contact the Assessment Centre for support should the assessor or internal verifier be unavailable.

## **Additional training**

Additional Regis:ctv courses and training resources are available to complement NVQ training. This list is not exhaustive and for further information on other courses please call 0800 0680978.

- Expert Witness (L20)
- Assessor Training (A1)
- Additional Level 3 units (See occupational standards)
- Progression to NVQ Level 4 or LMC (Subject to assessment opportunities with work role)

## **Further Information**

Recruitment is on an open basis and subject to availability. Should you wish to find out more about the above course, including prices, please contact regis:ctv, on 0800 0680978.

## **Award components**

**Learners are required to complete 4 mandatory NVQ units plus 4 optional units.**

### **Mandatory Units Health and Social Care NVQ level 3 (Adults)**

- HSC31 Promote effective communication for and about individuals
- HSC32 Promote, monitor and maintain health, safety and security in the working environment
- HSC33 Reflect on and develop your practice
- HSC35 (Adult Route) Promote choice, well-being and the protection of all individuals

### **Optional units**

- HSC328 Contribute to care planning and review
- HSC329 Contribute to planning, monitoring and reviewing the delivery of service for individuals
- HSC330 Support individuals to access and use services and facilities
- HSC331 Support individuals to develop and maintain social networks and relationships
- HSC332 Support the social, emotional and identity needs of individuals
- HSC333 Prepare your family and networks to support individuals requiring care
- HSC334 Provide a home and family environment for individuals
- HSC335 Contribute to the protection of individuals from harm and abuse
- HSC336 Contribute to the prevention and management of abusive and aggressive behaviour
- HSC337 Provide frameworks to help individuals to manage challenging behaviour
- HSC338 Carry out screening and referral assessment
- HSC339 Carry out assessment to identify and prioritise
- HSC340 Carry out comprehensive substance misuse
- HSC341 Help individuals address their substance use through an action plan
- HSC342 Assess and act upon immediate risk of danger to substance users
- HSC343 Support individuals to live at home
- HSC344 Support individuals to retain, regain and develop the skills to manage their lives and environment
- HSC345 Support individuals to manage their financial affairs (excluded combination with HSC346)
- HSC346 Support individuals to manage direct payments excluded combination with HSC345)
- HSC347 Help individuals to access employment
- HSC348 Help individuals to access learning, training and development opportunities

- HSC349 Enable individuals to access housing and accommodation
- HSC350 Recognise, respect and support the spiritual well-being of individuals
- HSC351 Plan, agree and implement development activities to meet individual needs
- HSC352 Support individuals to continue therapies
- HSC353 Interact with individuals using telecommunications
- HSC354 Counsel individuals about their substance use using recognised theoretical models
- HSC355 Counsel groups of individuals about their substance use using recognised theoretical models
- HSC356 Support individuals to deal with relationship problems
- HSC357 Carry out extended feeding techniques to ensure individuals nutritional and fluid intake.
- HSC358 Identify the individual at risk of skin breakdown and undertake the appropriate risk assessment
- HSC360 Move and position individuals
- HSC361 Prepare for, and undertake physiological measurements
- HSC362 Recognise indications of substance misuse and refer individuals to specialists
- HSC363 Test for substance use
- HSC364 Identify the physical health needs of individuals with mental health needs
- HSC365 Raise awareness about substances, their use and effects
- HSC366 Support individuals to represent their own needs and wishes at decision making forums
- HSC367 Help individuals identify and access independent representation and advocacy (Excluded combination HSC364)
- HSC368 Present individuals' needs and preferences (excluded combination HSC364 and HSC365)
- HSC369 Support individuals with specific communication needs (Excluded combination with HSC370 and HSC371)
- HSC370 Support individuals to communicate using technology (excluded combination with HSC369)
- HSC371 Support individuals to communicate using interpreting and translation services (excluded combination with HSC369)
- HSC372 Plan and implement programmes to enable individuals to find their way around familiar environments.
- HSC373 Plan and implement programmes to enable individuals to find their way around unfamiliar environments
- HSC375 Administer medication to individuals
- HSC376 Obtain venous blood samples
- HSC377 Encourage and support individuals undergoing dialysis therapy at home
- HSC378 Insert and secure urethral catheters and monitor and respond to the effects of urethral catheterisation
- HSC379 Support individuals who are substance users
- HSC380 Supply and exchange injecting equipment for individuals
- HSC381 Support individuals through detoxification programmes
- HSC382 Support individuals to prepare for, adapt to and manage change (excluded combination with HSC383)
- HSC383 Prepare and support individuals to move and settle into new living environments (Excluded combination with HSC382)
- HSC384 Support individuals through bereavement
- HSC385 Support individuals through the process of dying
- HSC386 Assist in the transfer of individuals between agencies and services
- HSC387 Work in collaboration with carers in the caring

- HSC388 Relate to families, parents and carers
- HSC389 Work with carers, families and key people to maintain contact with individuals
- HSC390 Support families in maintaining relationships in their wider social structures and environments
- HSC391 Provide services to those affected by someone else's substance
- HSC392 Work with families, carers and individuals during times of crisis
- HSC393 Prepare, implement and evaluate agreed therapeutic group activities
- HSC394 Contribute to the development and running of support groups
- HSC395 Contribute to assessing and act upon risk of danger, harm and abuse
- HSC396 Enable people with mental health needs to develop coping strategies
- HSC397 Reinforce positive behavioural goals during relationships with individuals
- HSC398 Contribute to assessing the needs of individuals for therapeutic programmes to enable them to manage their behaviour
- HSC399 Develop and sustain effective working relationships with staff in other agencies
- HSC3100 Participate in inter-disciplinary team working to support individuals
- HSC3101 Help develop community networks and partnerships
- HSC3102 Work with community networks and
- HSC3103 Contribute to raising awareness of health
- HSC3104 Support the development of networks to meet assessed needs and planned outcomes
- HSC3105 Contribute to the recruitment and placement of volunteers
- HSC3106 Plan, organise and monitor the work of volunteers
- HSC3107 Lead and motivate volunteers
- HSC3108 Facilitate learning through presentation and activities
- HSC3109 Facilitate group learning
- HSC3110 Support colleagues to relate to individuals